



Canteen Menu

Tastebuds Torquay College 2025

SANDWICHES & WRAPS

(Wholemeal or Multi Grain)

Base price of \$2.20 then add from the selection below.

All can be toasted also at no extra charge.

◆ Meats

Choice of Ham, Chicken, Tuna or Salami
\$1.50 per selection

☼☼ Dairy & Egg

Choice of Cheese, Egg or Curried Egg
\$1.00 per selection

☼☼ Salad

Choice of Lettuce, Carrot, Beetroot, Tomato or Cucumber \$0.50 per selection

◆ Spreads

Choice of Vegemite, Jam, Mayonnaise, Mustard, Tomato Sauce or Hommus
\$0.50 per selection

HOT FOOD

☼☼ Penne Napoli

Homemade napoli sauce with penne pasta \$5.50
Please specify if gluten free is required, add \$.50

☼ Spaghetti Bolognaise

Homemade bolognaise sauce with spaghetti \$5.50
Please specify if gluten free is required, add \$.50

☼ Beef Lasagne

Beef lasagne \$5.50
(contains dairy and gluten)
Add garden salad \$2.00

☼☼ Mac N Cheese

Macaroni with cheese sauce \$5.50

☼ Ravioli with Napoli sauce

Beef ravioli with Napoli sauce \$5.50

Please place your order on a brown paper bag stating your full name, class and order.
Correct money is greatly appreciated.
www.flexischools.com.au for online orders.

◆ Large Sausage Roll

Sausage Roll \$4.60

☼☼ Veggie Pastie

Vegetable Pastie \$4.80

◆ Large Beef Pie

Beef Pie from Four 'n Twenty Range \$4.80

◆ Homemade Pizza Slice

☼ Margarita \$4.50
Hawaiian \$5.00

☼ Fried Rice

Homemade fried rice with bacon pieces and vegetables \$5.50

VEGAN

☼☼ Party Pie

☼☼ Party Sausage Roll

☼☼ Party Pastie
\$2.00 each

HOT SNACKS

◆ Party Pie

Beef Party Pie \$1.50

◆ Party Sausage Roll

Beef Party Sausage Roll \$1.50

☼☼ Corn on the Cob

Steamed baby corn cob \$1.50

☼☼ Spinach & Ricotta Filo

Small filo parcel filled with spinach and ricotta \$1.50

◆ Sauce

Tomato Sauce Squeeze \$0.30 each



SNACKS

★Popcorn

Fresh popped popcorn \$1.00

★Freshly Baked Muffin

Freshly baked muffin flavours changing daily.
Contains fruit and wholemeal flour

Mini \$1.20

Large \$2.00

◆Choc Brownie

Homemade Choc Brownie. \$2.20

◆Choc Chip Cookie

Baked Cookie \$0.60

◆Loaded Choc Chip Cookie

Large Cookie \$2.20

★Fresh Fruit

Fresh seasonal fruit \$1.20

★Yoghurt

Fresh yoghurt, Vanilla or Strawberry \$2.00

★Rice Crackers, Dip & Veggie Sticks

\$3.50

★Fruit Salad

Cut up Seasonal fresh fruit in a cup \$3.50

DRINKS

★Big M Flavoured Milk

Chocolate or Strawberry reduced fat \$2.80

★Water

Mount Franklin 600ml \$2.00

◆Just Juice

100% Fruit Juice. Available in Orange, Apple and Apple & Blackcurrant \$2.50

★Fruit Smoothies

Weekly Flavours \$3.00

FROZEN BITS

These items need to be picked up at the canteen counter at lunch. All bags with these items are stamped with a red stamp please if you have a prep child let them know to pick up their frozen item by taking their lunch bag to canteen.

◆Zooper Dooper

\$1.20

★Frozen Yoghurt Stick

Mini \$1.20

Large \$2.20

◆Bulla Icy Pole

Lemonade, Cola or Raspberry \$1.50

◆Ice-Cream Cup

Ice-cream scoop in cup \$1.50

★Frozen Pineapple Rings

\$0.60

◆Twin Pole Icy Pole

\$2.20

SUSHI

(Available Tuesday, Wednesday & Thursday only)

★Cooked Tuna Sushi

Cooked tuna, and mayo
2 rolls for \$8.00 (gf & df)

★Teriyaki Chicken Sushi

Chicken strips, cucumber and mayo
(contains sesame seeds) (gf & df)
2 rolls for \$8.00

★Crispy Chicken Sushi

Crispy Chicken strip, cucumber & mayo
2 rolls for \$8.00 (df)

★ = Green ◆ = Amber

◎ = Vegetarian option available

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