

Remote and Flexible Learning Term 3 2020

Year: One

Week: 5

Torquay College Community,

Torquay College is well prepared and ready to support our school community in the Remote and Flexible Learning Program. Our staff are available to support families with teaching learning and the wellbeing of students.

The feedback from our School Community after the first lockdown was for a flexible approach to the Remote Learning Program as all families have differing needs and times for teaching and learning throughout the week. With the feedback in mind we have planned accordingly and hope to continue to communicate with our families and ensure we are all working together to support the learning needs of all students.

The Torquay College Remote and flexible Learning program will ensure:

- Learning Programs will be developed by teachers and made available on a Friday 2.30pm.
- Hard copy packs will be available on Friday from 2.30pm
- The year level learning plan overview and resources documents will be made available on the school Website, and also uploaded onto Seesaw F-2 and Google classroom 3-6 on Friday 2.30pm.
- A recommended daily learning plan will be posted Foundation – Year 2 on Seesaw.
- Tasks and activities will have a suggested day for completing and uploading into Seesaw F-2 and Google Classroom 3-6.
- Specialist Program of Art, PE, Indonesian and Wellbeing will be allocated to a Wednesday each week. This will ensure our Specialist teachers will be responding to families on Wednesday.
- Teachers will arrange two live class meetings on Webex timetabled each week for students to log into and engage with others from their class.
- Teachers will be posting recorded mini lessons to support the teaching and learning of skills for each year levels.
- Parents will have the option to request a 3 way conference each fortnight or as required. This conference is to ensure students, teachers and parents collaborate to maximise the learning during remote and flexible learning.
- Teachers will view all 16 weekly tasks submitted however only respond and provide feedback on two tasks each week.

Thank you for your continued support.

Principal Team
Jess Kelly, Nadia Tkaczuk, Christian Smith

Dear Year One Families,

We will have two **Class Community Circles on Webex** each week. This will give your child the opportunity to interact with their peers. The times are as follows:

Monday	11.30am - 1A, 1B, 1C, 1D and 1F	12pm - 1E
Thursday	11.30am - 1B and 1F	
Friday	11.30am - 1A, 1C and 1D	12pm - 1E

Teachers will send through their personal room number details on Seesaw.

Each morning, teachers will schedule a **daily check-in task** on Seesaw. It is a Department of Education requirement that teachers complete attendance each day. Your child will need to **respond** to this message each day **before 3pm** so we can complete attendance. If they have not responded, they will be marked as absent for that day.

This week's planner includes Suggested Learning Activity tasks for Writing, Reading, Maths, Inquiry and the Wednesday Specialist Program. There are also Mini-Lessons for some of the sessions. These are for your child to watch before they complete the Suggested Learning Activity task.

The children will be assigned **three tasks** from the planner each day on Seesaw. They can be found under the 'Activities' tab. The timetable below shows the day each task will be scheduled. Teachers will provide feedback on the tasks marked with **.

MONDAY	Writing Session 1	Reading Session 1	Maths Session 1
TUESDAY	Writing Session 2	Reading Session 2	** Maths Session 2 **
WEDNESDAY	SPECIALIST DAY		
THURSDAY	** Writing Session 3 **	Reading Session 3	Maths Session 3
FRIDAY	Inquiry Session 1	Inquiry Session 2	Inquiry Session 3

If you have any questions related to the planner, please contact your child's class teacher via the inbox on the 'Family app' on Seesaw.

Kind Regards,

The Year One Team.

Suggested Daily Schedule

Program for: Monday Tuesday Thursday Friday			Program for: Specialist day Wednesday		
8.30 to 9.30 am	Physical Activity	Play outside, go for a walk, ride your bike	8.30 – 9.30am	Physical Education	Torquay College PE Lesson.
9.30 - 10.30am	Academic time	Select a reading or writing task from activities listed. Refer below	9.30 - 10.30am	Art Activity	Torquay College Art Lesson.
10.30- 11.00am	Break		10.30- 11.00am	Break	
11-.00 12.00pm	Academic time	Select a Mathematics task from activities listed. Refer below	11-.00 12.00pm	Indonesian Activity	Torquay College Indonesian Lesson.
12.00- 1.00pm	Creative time	Construction activity with your child's favorite materials i.e. Lego , draw, craft, music, instrument	12.00- 1.00pm	Well Being Activity	Torquay College Wellbeing Lesson.
1.00- 1.30pm	Lunch		1.00- 1.30pm	Lunch	
1.30 -2.30pm	Academic time	Select an Inquiry or English task from activities listed in the appropriate year level learning tasks. Refer below	1.30 -2.30pm	Creative time	Construction activity with your child's favorite materials i.e. Lego, draw, craft, music, instrument.
2.30- 3.30pm	Physical or Wellbeing	Select a wellbeing or physical activity: Play game outside, a ball game in your yard, skipping	2.30- 3.30pm	Physical Activity	Play outside, go for a walk, ride your bike.

Writing

Curriculum Area Focus	Suggested Learning Activities	Materials / Online Resources	Task to be submitted for feedback by Teacher Due Date
<p><u>Session 1</u> Learning Intention: I can start each letter in the correct spot and follow the right direction. I can write neatly on the dotted thirds.</p>	<p><u>Handwriting</u> Have a go at writing the lowercase alphabet on dotted thirds in your Remote Learning Workbook, leaving spaces, sitting correctly on the baseline and forming letters as best you can. After this, you can choose the activity for one letter in your Year One Handwriting book to complete. You are encouraged to check that your letters sit on the baseline and that you are using the dotted thirds to ensure your letters are the correct size.</p>	<p>Handwriting - Lowercase letters https://www.youtube.com/watch?v=olafKiTTvtY Year One Handwriting book</p>	N/A
<p><u>Session 2</u> Learning Intention: I can use new topic words in my writing.</p>	<p><u>Poetry Writing</u> Watch the <i>Week 5 Writing Mini-Lesson</i> in Seesaw. Quick chat about poetry and different types of poetry. The teacher will explain the purpose of the mini lesson today and model an acrostic poem of the word 'poetry'. In your Remote Learning workbook, you will write up the acrostic poem of 'poetry' so you have an example in your book.</p>	<p>Week 5 Writing Mini-Lesson Remote Learning Workbook</p>	N/A
<p><u>Session 3</u> Learning Intention: I can use new topic words in my writing.</p>	<p><u>Poetry Writing</u> Rewatch the <i>Week 5 Writing Mini-Lesson</i> in Seesaw about acrostic poetry from the previous session. Today you are going to be the poet. Your acrostic poem will be based on an Australian animal, thinking of many different adjectives to describe your animal and verbs (actions) your animal does) - all which match the letters of your animal. If you get stuck on a letter and you have had a good think about your animal, ask someone nearby for their help. You may like to have a go at one or more animal acrostic poems. Submit one of your acrostic poems to your Student Journal on Seesaw.</p>	<p>Week 5 Writing Mini-Lesson Remote Learning Workbook</p>	Submit your acrostic poem to your Student Journal on Seesaw.
<p>Writing: Optional Extra - if you want to do more:</p> <ul style="list-style-type: none"> • writing the recipe for a meal or snack you have prepared together. • writing down some facts they have discovered whilst reading an information book. • writing a short imaginative story that includes a beginning, middle and ending. • writing some simple instructions of how to make something such as building a Lego model, etc. 			

- writing a letter to a family member or a friend or even your teacher!
- writing a recount of an activity or event.

Reading

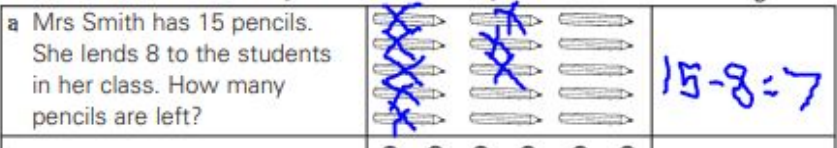
Curriculum Area Focus	Suggested Learning Activities	Materials / Online Resources	Task to be submitted for feedback by Teacher Due Date
<u>Session 1</u> Learning Intention: I can use letter patterns to help me read and write words	<u>Spelling</u> Watch the <i>Week 5 MSL Sound Pack Mini-Lesson</i> in Seesaw. Complete the Silent E activity sheet (in Week 5 Resources). Extension: choose some Silent E words from the activity sheet and write them in a sentence. Challenge: How many Silent E words can you include in one sentence? You may like to challenge someone in your family. Give yourself a point for each Silent E word you use. This can be done in your Remote Learning Workbook.	Week 5 MSL Sound Pack Mini-Lesson Silent E Activity Sheet (in Week 5 Resources) Remote Learning Workbook	N/A
<u>Session 2</u> Learning Intention: I can make text to self connections	<u>Comprehension</u> Watch the <i>Week 5 Reading Mini-Lesson</i> in Seesaw. You will then need to choose a book to read from your bookshelf, Epic or RAZ Kids. Draw a picture and write a sentence to explain your connection to the text. Extension: provide extra detail by writing two or more sentences.	Week 5 Reading Mini-Lesson	N/A
<u>Session 3</u> Learning Intention: I can read aloud with developing fluency	<u>Fluency</u> Choose a favourite book or one you have read before. Practise reading the book to yourself, a pet or a favourite toy. When you are ready, record yourself reading the book - remember to 'scoop up' the words instead of reading like a robot. Watch back your recording. Did you sound like a robot or read like a storyteller?	Books, device for recording	N/A

Reading: Optional Extra- if you want to do more:

- Reading Eggs <https://readingeggs.com.au/>
- RAZ Kids <https://www.raz-kids.com/>

- Epic <https://www.getepic.com/>
- SPELD (for decodable readers) <https://www.speld-sa.org.au/services/phonics-books.html>
- Decodable Readers Australia <https://www.decodablereadersaustralia.com.au/online-book-list/>
(usernames and passwords in 'Remote Learning Workbooks')

Mathematics

Curriculum Area Focus	Suggested Learning Activities	Materials / Online Resources	Task to be submitted for feedback by Teacher Due Date
<p><u>Session 1</u> Learning Intention: I can solve simple subtraction problems using a range of strategies.</p>	<p>Subtraction- worded problems read and answer Students read the worded problem, cross out objects and write the equation and answer. See example below.</p> 	<p>Seesaw- Session 1 Activity Submit a photo of the completed sheet. Subtraction Worksheet in Week 5 Resources</p>	<p>N/A</p>
<p><u>Session 2</u> Learning Intention: I can solve simple subtraction problems using a range of strategies.</p>	<p>Subtraction- create worded problems Students watch Week 5 - Maths Mini-Lesson Extending further from Session 1 children are now to create their own worded problems. Children are to use the equations listed below to write a worded problem. Some ideas that you may use in your worded problems are food, animals, objects, shapes etc. a) $9-4=5$ b) $13-5=8$ c) $20-8=12$ d) Make your own Write these worded problems in your Remote Learning Books or on the activity template in Seesaw.</p>	<p>Seesaw- Session 2 Activity Week 5 Maths Mini-Lesson Remote Learning Workbook</p>	<p>Submit by completing on the activity template or uploading a photo of your task completed in your workbook</p>

<p><u>Session 3</u> Learning Intention: I can solve simple subtraction problems using a range of strategies.</p>	<p>Subtraction- Mathletics and Mathseeds Your child's teacher has assigned tasks related to subtraction on Mathletics. Your child can also complete any other activities related to subtraction on Mathletics and MathSeeds. To access easier or more challenging tasks in Mathletics and MathSeeds, use the search option to find activities that suit their level of ability.</p>	<p>Seesaw- Session 3 Activity https://www.mathletics.com/au/</p>	<p>N/A</p>
<p>Maths: Optional Extra - if you want to do more:</p> <ul style="list-style-type: none"> ● additional Mathletics activities ● explore subtraction in Mathseeds (access through Reading Eggs) ● abcya maths games https://www.abcya.com/grades/1/numbers 			

Inquiry/Investigations

Curriculum Area Focus	Suggested Learning Activities	Materials / Online Resources	Task to be submitted for feedback by Teacher Due Date
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<p><u>Session 1</u> Learning Intention: I can identify and predict changes to everyday materials.</p> <p>I can pose and respond to questions about familiar objects and events and predict the outcome.</p>	<p><u>Science Experiment - Marshmallow Catapult</u> With an adult, collect the materials below: marshmallow, (or something of a similar size and weight eg, Ooshie, LEGO) wool, rubber band, plastic spoon, wooden block, wooden ruler, masking tape.</p> <p>First, look at the materials and guess how they could be used to move your marshmallow or object through the air.</p> <p>Next, build your catapult by following these steps:</p> <ol style="list-style-type: none"> 1. Tape a plastic spoon to a wooden block. 2. Attach the block and the spoon to the wooden ruler using the rubber bands. 3. Try to launch the marshmallow by placing it in the spoon and then carefully pulling the spoon back and releasing it. <p>Complete the Marshmallow Catapult activity sheet by drawing a diagram of your catapult and the path of the marshmallow. Did the marshmallow move because it was pushed or because it was pulled?</p> <p>Challenge: make a circle or target on the floor using string, hula hoop etc. Can you launch your marshmallow so that it lands inside the target?</p> <p>What can you change to make your catapult work better?</p>	<p><u>Materials</u></p> <ul style="list-style-type: none"> ● Marshmallow Catapult activity sheet in Week 5 resources ● marshmallow, (or something of a similar size and weight eg, Ooshie, LEGO) ● wool ● rubber band ● plastic spoon ● wooden block ● wooden ruler ● masking tape 	<p>N/A</p>
<p><u>Session 2</u> Learning Intention: I can suggest how the environment affects me and other living things</p>	<p><u>Australian Animals</u> Watch Art Hub for Kids "How to draw a cartoon Koala" https://www.youtube.com/watch?v=hAstcVv9lfl Once you have finished drawing your koala, write 3 facts you know about koalas you may like to watch "Koala Facts for Kids" https://www.youtube.com/watch?v=cSfEJdahBGk&t=17s. Remember to include capital letters at the beginning of your sentences and full tops at the end.</p>	<p>"How to draw a cartoon Koala" https://www.youtube.com/watch?v=hAstcVv9lfl</p> <p>"Koala Facts for Kids" https://www.youtube.com/watch?v=cSfEJdahBGk&t=17s</p>	<p>N/A</p>
<p><u>Session 3</u> Learning Intention:</p>	<p><u>Wellbeing</u> Have a look through the wellbeing pages and decide which activity or activities you would like to try out this week. There are many activities to choose from, such as listening to a story, moving your body with 'Go Noodle', music and singing, and craft time. Just click on the links to</p>	<p>Wellbeing activities in Week 5 Resources.</p>	<p>N/A</p>

	<p>access these in the handout. There is also some talk about positive emotive emotions and how to be the best you! This activity also encourages you to keep a check on your sleep and your water intake. Learning requires you to be alert, hydrated and happy. Look in the resources for these great activities and enjoy!</p>		
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Inquiry: Optional Extra - if you want to do more:

- **Wellbeing Wednesday** (Wellbeing check in sheet-in resources)
- **Cosmic Yoga** - <https://www.youtube.com/user/CosmicKidsYoga>
- **Smiling Mind App** - <https://www.smilingmind.com.au/>
- **Mindfulness Colouring Sheets** - (in resources)
- **ABC Little Yarns podcasts**
<https://www.abc.net.au/kidslisten/little-yarns/#:~:text=Little%20Yarns%20is%20a%20co.and%20countries%20of%20Indigenous%20Australia>

Wednesday Specialist Program

Curriculum Area Focus	Suggested Learning Activities	Materials/ Online Resources	Task to be submitted for feedback by Teacher Due Date
<p><u>Well Being Activity</u> Learning Intention:</p>	<p>During remote and flexible learning, it's important to keep doing the stuff you love.</p> <p>Try to get outside at least once a day to go for a walk, a skate, or a bike ride and keep doing the things that make you feel good.</p> <p>Keeping active, eating well, finding ways to connect with your friends and family and getting enough sleep are all really important to make sure we feel good.</p> <p>Choose one of these nature activities and share a photo with your teacher on seesaw.</p>	<p>https://www.woodlandtrust.org.uk/blog/2020/03/kids-nature-activities-self-isolation/</p>	

<p><u>Art Activity</u> Learning Intention: I can create art work inspired by different cultures.</p>	<p>Rainbow Serpent</p> <p>The Rainbow Serpent is a Dreamtime Story. It tells the tale of how a giant Rainbow Serpent came from beneath the ground and created huge ridges, mountains, rivers and gorges as it pushed its way across the land.</p> <p>Materials - Paper, paint or textas or pencils.</p> <p>Activity- Create your own Rainbow Serpent. This can be any colours or patterns of your choice. You can use paint or textas or pencils or any art materials you have available.</p>		
<p><u>Indonesian Activity</u> Learning Intention: I can ask to borrow something in Indonesian.</p>	<ol style="list-style-type: none"> 1. Watch the mini lesson on Specialist SeeSaw about borrowing something from someone. 2. Think of 2 characters of your own. They may be real or they may be make believe. 3. Think of a classroom item that one of your characters would MAU (want) to PINJAM (borrow) from the other. 4. Print or fill out the cartoon template on See Saw 5. Upload to SeeSaw. 	<p>Mini lesson</p> <p>Vocabulary sheet of classroom items</p> <p>Cartoon template</p>	
<p><u>Physical Education Activity</u> Learning Intention: I can perform movement sequences that incorporate the elements of movement</p>	<p>GYMNASTICS</p> <p>We have been focusing on gymnastics this term and will therefore spend the next couple of weeks completing some gymnastics related activities. As many of us won't have access to a range of gymnastics equipment (e.g. landing mats, foam wedges etc.), activities will be kept relatively simple and involve some revision of activities we have already completed at school.</p> <p><u>Warm Up Activities</u></p> <p>Freeze and Go- Balances</p> <ul style="list-style-type: none"> • For this activity you will need to play some music – it is best if you can have someone pause and play the music randomly for you and call out different movements and balances. • However, if you are doing the activity by yourself you could use this clip (note it will have different movements and balances): https://drive.google.com/file/d/1q8flWEdxJBevbkGb2QjwW2SUdeyV0NSr/view 	<p>Balance card located in resource folder</p> <p>Videos of activities on Seesaw</p>	

- Make sure you have plenty of room to move, a large indoor space or your backyard would be the best location for this activity as we will be moving around a bit.
- When the music is playing you need to move in different ways. This may include the following: skipping, hopping, bear walk, army march, crab walk, jumping, sliding, rolling or any other movement that allows you to move around in the space you are using. When the music stops, you are to perform the balances below as directed:



FRONT SUPPORT



TUCK SIT



REAR SUPPORT



ARABESQUE



KNEE SCALE

Skill Development

Springing and Landing

- Find something to jump off. For example a low wall, bench, sturdy chair etc. ideally you will land on a soft surface such as grass.



- Remember to land in a motorbike position- knees bent, head up and arms out in front. Hold for 3 seconds



Perform the following jumps-

1. Straight jump- normal jump to the ground
2. Rocket jump- arms raised above head
3. Star jump- arms and legs out to the side
4. 1/2 turn jump- jump and turn to the side back other way
5. Backwards jump
5. Your own jump of choice- make sure you land in motorbike position

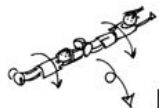
- Remember to land in a motorbike position- knees bent, head up and arms out in front. Hold for 3 seconds

Rolling

- Find a space in your house that you can use for rolling. You could also use the grass outside. If you have some yoga mats or large couch cushions that you can use, then place them on the floor in the space you are using.
- Have a go at rolling like a log: lay on your back, place your hands above your head and point your toes so that your body is nice and straight. Use your tummy muscles to roll you onto your front. See if you can roll around until you are on your back again.



- You could even try it with another person by lying down and holding their feet or hands- partner roll



- Now have a go at rolling with arms by your side- egg roll



Gymnastics obstacle course

This activity can be done on a concrete area outside (where you can draw the course with chalk) or it can be done indoors or outdoors where you can use objects to create your course.

Draw or create your own gymnastics course on the ground. Your course should aim to include the following skills: hopping, jumping, balancing, leaping and other moves of your choice. Once you have created your obstacle course try the following activities: Fastest lap around your course, most laps in 2 minutes or even turn your obstacle course into 'the floor is lava'.

Here is a link you can use to help create your course:

<https://www.youtube.com/watch?v=b2JYPF3RpBo>

Examples:

