

Week 3 Foundation Level- Remote and Flexible Learning Program

The Foundation Remote Learning Program consists of activities that can be completed with resources around the home or have been uploaded onto SeeSaw and other learning sites. These activities will be released at 9.00am on the morning it is scheduled.

8.30 – 9.30am	Physical Activity	Play outside, go for a walk, play with your pet, ride your bike
9.30 - 10.30am	Academic time	Select a literacy task; reading, writing or spelling task from activities listed.
10.30- 11.00am	Break	
11-.00 12.00pm	Academic time	Select a Mathematics task from activities listed
12.00- 1.00pm	Creative time	Select an Art activity or a home construction activity with your child's favourite materials i.e. Lego, craft, music, instrument
1.00- 1.30pm	Lunch	
1.30 -2.30pm	Academic time	Select an Inquiry or Indonesian task from activities listed
2.30- 3.30pm	Physical Activity	Select a physical education activity or wellbeing activity.

Suggested Daily Schedule

Teachers will now be focussing on and commenting on the lessons that contain a  on them in the planner below. Please ensure that these lessons are sent to your teacher on SeeSaw as a photo, voice recording or video.

***If possible could all students please complete the daily check in activity on SeeSaw first so that teachers can take attendance for the day.**

Week 3 Foundation

Content Area	Suggested Learning Activities
Well Being	<p>Alternative ending</p> <p>Draw a face for each of the following emotions: sad, angry, proud, frustrated, excited, afraid.</p> <p>Think of an example when you have felt each of these emotions.</p> <p>Choose one example and ask a family member to support you to come up with an idea for what someone could have done to make that day better for you. Draw a picture of this new alternative ending.</p> <p><i>Adapted from RRRR Foundation Topic 1 Emotional Literacy, Activity 5</i></p> <p>Create a poster</p> <p>Create a poster for your remote learning space showing all the things you can do if you feel worried or upset. Share your poster with your teacher on seesaw.</p>

Reading	<p>Monday 27th - SeeSaw - All students have a book assigned to them on SeeSaw or it is in your printed pack (Either 'I Love Pirates' or 'There is a Mouse'). On Seesaw we would like you to read the book to us by opening the activity, pressing the microphone and sending back to us. The books are also in the pack. This reading will be commented on by your child's teacher. </p>
	<p>Tuesday 28th - On Seesaw, or in your pack, you are to read the book again from Monday. Please complete the activities related to the text.</p>
	<p>Wednesday 29th - All students have another book assigned to them on SeeSaw or it is in your printed pack ('Move It' or 'Ladybugs'). For reading today you just need to read the book. Share it with your family, have a think about the main point or something new that you learnt.</p>
	<p>Thursday 30th - Complete the activities relating to yesterday's text. Share these with you teacher. This activity will be commented on by your child's teacher. </p>
	<p>Friday 1st - Read a book from home or on Reading A-Z and then draw and label the characters in the book. Was there a main character. Talk to someone at home about what a 'Character' is.</p>
Spelling	<p>Monday 27th - SPELLING - Watch MSL Video on SeeSaw Learn about the letter 'L'. If no access to technology, use the activity from Week 1 – getting the students to tell you the sound of each letter.</p>
	<p>Tuesday 28th - SPELLING - Find things around the house that start with the letter L. How many different things can you find? I can think of one – light. Teacher comment. </p>
	<p>Wednesday 29th - SPELLING - SeeSaw: Letter practise 'L' – circle to pictures that start with the letter 'L'. Record your answers and share with your teacher. If using the pack, use the letter L tracing sheet, make sure that students are using the correct formation and starting position.</p>
	<p>Thursday 30th - SPELLING – Ask a parent or sibling to read you this sentence and have a go at writing it. Let me look at your left leg. Check that you have written 7 words. Sound them out again to check. See if you got many of the words correct.</p>
	<p>Friday 1st - Give your child words from the word list and check for accuracy of spelling, letter formation and then get them to read the words back to you.</p>
Writing	<p>Monday 27th - WRITING - Writing with a seed prompt. Choose one of your seed prompts, draw a picture and write a sentence about it. Get your child to have a go at the first sound if they require support. The best thing for them to do is 'have a go'.</p>
	<p>Tuesday 28th WRITING - Using words from the sounds we have learnt (see word list in attached document) draw a picture and write a sentence about it. The word list is on SeeSaw, and if no technology, it has been provided in the remote learning pack.</p>
	<p>Wednesday 29th - SeeSaw - video of Mrs Baker on her horse. Mrs Baker loves riding her horse. Draw a picture and write about something you love or like to do. Remember to start your sentences with a CAPITAL letter, have two finger spaces between words and a full stop at the end. To challenge yourself you could also write why you love doing this activity. Send a picture or video to your teacher for a comment. </p>

	<p>Thursday 30th - WRITING - Labelling - Draw a picture or take a photo of a person in your family and label the body parts of it, e.g. legs, eyes, ears, nose, head, etc. You can do this on SeeSaw or paper - but teachers can see your final picture on SeeSaw.</p> <p>Friday 1st - WRITING - Free Writing – how many words can you use in your writing? Don't forget about the red flag words that you have learnt!</p>
Maths	<p>Monday 27th - MATHS - SeeSaw: Shape Introduction Video – this is the start of a two week learning program about shapes. Watch the video. If no technology – talk about the different and most common shapes. Circle, square, triangle and rectangle. SeeSaw: Shape Introduction Video</p>
	<p>Tuesday 28th - MATHS - SeeSaw: First watch the video with Miss Smith. Shape Sort. Get students to complete the activity on SeeSaw. If no technology, please see related activities for Week 3 Maths in the take home pack.</p>
	<p>Wednesday 29th MATHS – Seesaw – Trace and Draw Basic Shapes. Log into your Seesaw account and trace the shape. What are they called? Record your answers and send back to your teacher.</p>
	<p>Thursday 30th - MATHS - Mathematics: Collect Simple Shapes. This activity involves students placing certain 2D shapes inside a frame. If you don't have access to SeeSaw today, you can cut out some different shapes and practise sorting them. Basic 2D shapes - square, rectangle, circle, triangles More complex 2D shapes - pentagon, hexagon, parallelogram, kite, rhombus</p>
	<p>Friday 1st - MATHS - Your task: Draw pictures of different 2D shapes around your house. What you can find in the kitchen, garden, bedroom, and bathroom? See if you can find 5 triangles, squares, rectangles and circles. Draw these on paper. If you have access to SeeSaw we would love you to upload this to your teacher, and please stick a  copy into your workbook.</p>
Physical Activity	<p>Warm up- RUN AND TOUCH</p> <ol style="list-style-type: none"> 1. Decide on your starting point (e.g. doormat placed on the ground, ball etc.) outside in the yard 2. Pick out 4 objects to run and touch. Best they are all in view of your starting point For example- run and touch the clothesline, back fence, dog kennel and a door before racing back to the starting point. How long did it take? 3. Object can be touched in any order. Think of the order that will allow you to do it the quickest. <p>Challenge someone (brother, sister, mum or dad) else or repeat trying to beat your personal best time!</p> <p>Try the challenge again but make the movement hopping, jumping or skipping or add some actions such as hug a tree, high 5 the wall 5 times, run around the pole 3 times etc.</p> <p>THROWING CHALLENGE</p> <p>To get a feel for the ball start by-</p> <ol style="list-style-type: none"> 1. Passing the around different parts of your body- <ul style="list-style-type: none"> ● Your waist ● Your knees

	<ul style="list-style-type: none"> ● Your head ● Your ankles ● Around your 1 leg while balancing ● Change the direction of your circles ● Can you do a figure 8 between your legs? <ol style="list-style-type: none"> 1. Passing the ball from hand to hand 2. Small tosses of the ball into the air trying to catch it with two hands. How many can you do in a row? 3. Extra challenges- <ul style="list-style-type: none"> ● Can you toss, clap and then catch? ● Toss and catch with one hand? <p>NOW FOR THE THROWING CHALLENGES!</p> <p><u>Underarm throw</u></p> <p>The focus for this challenge is on accuracy. We will be using the underarm throw so remember to step with your opposite foot forward and swing your arm straight towards your target.</p> <ol style="list-style-type: none"> 1. Set up a target (could be a bin, t-shirt laid out in the ground etc.) 2. Put down 4 markers (e.g. 2 big steps, 3 big steps, 4 big steps from the target. 3. Starting at the first markers (two big steps from target) You are to throw your ball aiming to land the ball in or hit the target. Each time you are successful, you move back to the next marker (so it gets more and more challenging! Can you do all of the markers without missing!!! 4. Think about the ways in which you could make this activity more challenging or easier and try the activity again. <p>EXTENSION - Aimed at Grade 1 and 2 but Foundation may like to also try.</p>
<p>Indonesian</p>	<p>Activity 1: Ask someone at home to read out the Indonesian animal names. (Remember that the letter C makes a 'ch' sound.) Act out the animal and its noises when you hear the Indonesian word for it.</p> <p>Activity 2: Revise colours with Bibitsku song. Draw pictures of the following numbers of animals, and label them as follows: - <i>satu gajah merah</i> - <i>dua ayam biru</i> - <i>tiga kelinci hijau</i> - <i>empat anjing hitam</i> - <i>lima ikan jingga</i> Take a photo and upload to Seesaw.</p> <p>Super Challenge: Make your own dance for the Bibitsku colours song and perform it at your house.</p>
<p>Art</p>	<p>What can you find around the house to make prints with? Corks, stamp pads, forks, lids. etc Make page of different prints. When they are dry, use textas and pens to turn them into different animals.</p>

<p>Optional websites sites that can be accessed to support learning</p>	<ul style="list-style-type: none">● Twinkl- Setting this up is really easy to do - go to www.twinkl.co.uk/offer and enter the code AUSTRCODE (30 day free trial)● Levelled Inquiry based units of work for all year levels- https://www.coolaustralia.org/
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