






# Resources

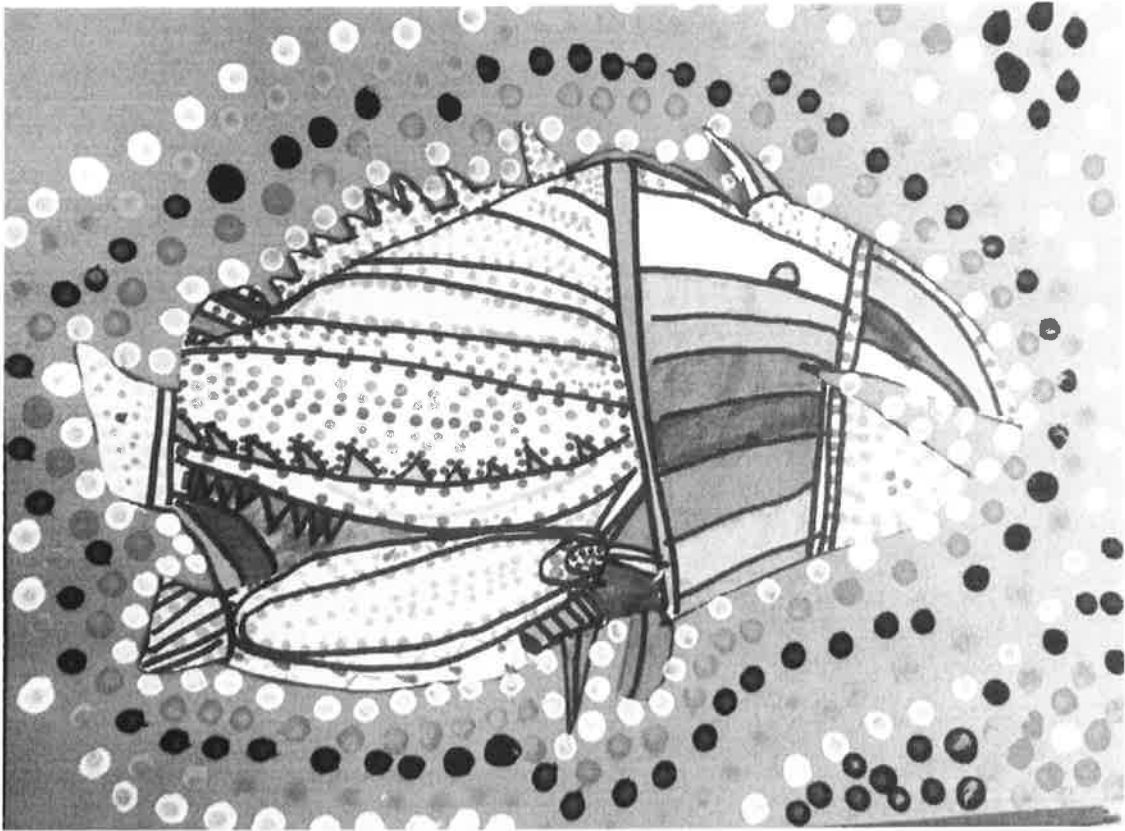
## Year 3

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## Australian flora and Aboriginal uses.

Native indigenous plant	What I predict...	What is used for...
	<p>Food:</p> <p>Fibre:</p> <p>Medicine:</p> <p>Tools:</p>	
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## Get Out n About – with your family

Visit **White's Beach Playground**, The Esplanade (opposite Lochard Drive, Torquay Foreshore. **(Mel 506 E3)**)

This local playground is designed to show case and acknowledging the indigenous heritage of Torquay. The playground does this by depicting and the plantings of flora and fauna significant to the local aboriginal people. The artwork at the playground was created through Community art workshops. While at the playground pay close attention to the elements around – which depict indigenous heritage and signage as they are named with Wadawarrung (language) (Wathaurong - tribe) names – the Flying Fox becomes Waa the Crow. Waa was one of the two totems of the Wadawarrung. Have a family discussion about what you discovered while at the playground, in preparation for class discussions over the coming weeks



Or you could visit **Torquay Sundial**, Torquay Foreshore The Esplanade (end of Darian Road) **(Mel 506 B4)**

Torquay Analemmatic Sundial. Artists Claire Gittings and Glenn Romanis designed the images based on the flora, fauna, landscape and the indigenous sky and oral story of the Mindii. The Mindii was a great 3 pronged tongue snake who was a law keeper under the command of Bunjil. Bunjil, the eagle is depicted in the centre of the Sundial. Bunjil is one of the two totems of the Wadawarrung. More information can be found when visiting the sundial and by collecting the brochure explaining the workings and stories behind it




Or if you are feeling energetic do the **Point Addis -Koori Cultural Walk** **(Mel 15 A21)**


The Koori Cultural Walk is a self-guided walk with signage indicating and informing significant local indigenous information based on life and the environment



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## How to access your Little Scribe account

1. Click  or open the internet and type the address into the address bar.

2. Click  in the top right corner.



3. Enter your log in details that you were given on the last day of face-to-face school. This is case sensitive. Make sure you use capital and lower case letters where you see them.

Once you click Login, you will be taken to your account Dashboard



4. To access the videos scroll down to

**Mini-Writing Festival** and click on

**Programs and Videos**



5. Click **Mini-Writing**

**Festival Middle**

**Primary.**

This will take you to another page with all the different videos and you just need to select your author.





TORQUAY

## Checklist for setting up my remote learning space

Your teachers will provide you with a suggested daily timetable that includes starting the day by getting outside and going for a walk, a regular morning break and time for lunch, as well as space for creative time and a physical or wellbeing activity. During remote learning it is important to maintain a regular morning routine, including: keeping a regular bedtime, waking up at the same time every morning, showering, getting out of your PJ's, eating breakfast etc.

You may remember from last time, that remote learning is a big change from onsite learning where you are often up and about and moving between learning spaces and environments. We encourage you to make sure you take regular breaks, spend time outside and offline doing a variety of activities and games. There are so many things you can do to break up your day including; make a treasure hunt, put on a play or puppet show, create an obstacle course, build with Lego, bake or cook something, make a kite, learn how to lay a musical instrument, teach yourself a magic trick, write a song or learn how to do origami.

To get you started for this next journey, use this checklist to support you to set up a remote learning space. Please discuss any statements you aren't able to complete with your teacher – we may be able to provide loan equipment or help you out in some other way.

<b>Setting up your remote learning space</b>		<b>Completed</b>
<b>Choosing a space</b>	Is the area a public/family space and not in a bedroom?	
	Is the area free of distractions?	
	Can the space be quiet at times when needed?	
	Is there an adult nearby who can assist you with your learning if needed?	
	Is the space free from any trip hazards? Eg. cords	
<b>Equipment</b>	Is your desk and chair adjusted correctly so you can sit comfortably?	
	Do you have the stationery and learning resources you need?	
	Is there enough light?	
	Is the area exposed to direct glare or reflections?	
<b>Ensuring the right use of technology</b>	Does the area have power points available?	
	Is the computer/laptop directly in front of you and at a distance you can see clearly without straining?	
	Is equipment (extension cords etc.) in good, safe, working condition?	
	Is there a strong internet connection?	

	Do you know your username and password for accessing the remote learning platforms you need (eg. Google Classroom, Seesaw etc)	
<b>Personalising your space</b>	Is there space for you to put up your daily timetable and weekly learning plan?	
	Is there space for you to put up a dream board, posters, mindfulness activities, self-calm strategies or motivational quotes?	



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# Bagaimana cuaca?

## How's the weather?

Cuaca hari ini \_\_\_\_.  
The weather today is \_\_\_\_.

Panas- hot



Cerah- fine



Lembab- humid



Berangin keras- really windy



Berawan- cloudy



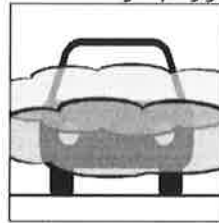
Hujan- rainy



Berkilat- stormy



Mendung- foggy



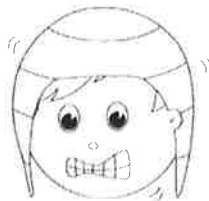
Salju- snowy



Berangin- windy



Dingin- cold



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Hello,

Welcome to your Torquay College Physical Education remote learning for Term 3. Every week you will have the opportunity to complete a Physical Education lesson that will be posted on Google Classroom or in a paper copy version. We hope you enjoy the lessons and keep active and healthy throughout this period of restrictions. To get you up and moving this week, there is a check list of fun daily exercises/activities for you to have a go at. I have left two spaces at the bottom for you to choose some activities of your own. Have fun 😊

Activity	Wednesday	Thursday	Friday
20 star jumps			
10 push ups			
5 laps around the backyard or 3 minutes running on the spot			
20 big arm circles			
Dance for the whole length of a song			