



Remote and Flexible Learning Term 3 2020

Year: 4

Week: 6

Torquay College community is working creatively to meet the learning needs of all our students. The short mini lessons that teachers are posting are proving to be a welcomed addition to our learning program. The positive feedback received is encouraging and motivates us all to keep working to innovate and improve the teaching and learning program for all students.

Setting up a supportive home and school learning environment is key to ensuring a successful learning partnership and experience in the 'Remote and Flexible Learning' program.

The following is a guide to support and remind families to:

Setting up a learning environment:

Creating a quiet and comfortable learning space is crucial. Your child may have a regular place for completing homework under normal circumstances, but this space may not be suitable for working in for an extended period of time.

A space/location for extended learning should be a public/family space, not in a bedroom where possible. It should be a place that can be quiet at times. Above all, we encourage families to closely monitor and support your child/ren's learning.

Family Wellbeing:

Being confined to home for an extended period of time can cause stress and conflict. Tips for looking after your children during isolation include:

- Talking to your whole family about what is happening. Understanding the situation will reduce their anxiety.
- Help your children to think about how they have coped with difficult situations in the past and reassure them that they will cope with this situation too. Remind them that the isolation won't last forever.
- Exercise regularly. Options could include exercise DVDs, dancing, floor exercises, yoga, walking around the backyard or using home exercise equipment, such as a stationary bicycle, if you have it. Exercise is a proven treatment for stress and depression.
- Encourage your children to keep in touch with family members and friends via telephone, email or social media (where appropriate).

Establishing home learning environment:

- establishing and following a daily routine
- defining a space for your child to work in

- monitoring communications from teachers and others
- taking an active role in helping your children process their learning
- encouraging physical activity and/or exercise
- checking in with your child regularly to help them manage stress
- monitoring how much time your child is spending online (screen time)
- keep your children social, but set rules around their social media interactions.

If you have any questions or concerns about your child's learning please contact your class teacher or the school.

Regards,

Nadia Tkaczuk
Assistant Principal

Weekly Team Message: The online platform for all year 4 students is Google Classroom.

Your username and access codes are:

Example- The username is the Student code that is the first 3 letters of their surname followed by 4 digits (this code can be found on the top of their netbook case)

Username: LON0002@torquaycollege.vic.edu.au

Password: Netbook password

If you need assistance please log on to the IT website @ Torquay College and log a ticket.

The school website curriculum program is designed for families who opt for a hard copy pack and who do not have access to the internet.

Year 4 Daily Mini Lesson Video Links

Mini Assembly	Reading	Writing	Maths	Inquiry
Mini Assembly week 6.mp4	Spelling Video 2 Week 6 reading vid.mp4	Mini Lesson Video W6 Seeds & Draft..mp4 Mini Lesson Video W6 Seeds & Draft	Must Watch Fractions Video.MOV Equivalent Fractions Lesson	Inquiry: Around Australia Rally Answers Made available Friday

Webex Community Circle/class meetings will run every Tuesday @ 9am and every Friday @ 9am. To access your class meeting/community circle, please log in to your teacher's personal room number



Class	Teacher	WebEx Personal Room Number	Google Classroom Code
4A	Victoria Long:	572565453	cysidyg
4B	Andrea Rayner:	571759343	cysidyg
4C	Rohan Craig:	572031366	2v7nbk6
4D	Darren Findling:	578882674	xqva2j7
4E	Rach McLeod:	575852806	5bldnd6
4F	Bronwen Miller:	57680470	wahpffs

Program for: Monday Tuesday Thursday Friday			Program for: Specialist day Wednesday		
8.30 to 9.30	Physical Activity	Play outside, go for a walk, ride your bike	8.30 to 9.30	Physical Education	Torquay College PE Lesson.
9.30 to 10.30	Academic time	Select a reading or writing task from activities listed. Refer below	9.30 to 10.30	Art Activity	Torquay College Art Lesson.
10.30 to 11.00	Break		10.30 to 11.00	Break	
11.00 to 12.00	Academic time	Select a Mathematics task from activities listed. Refer below	11.00 to 12.00	Indonesian Activity	Torquay College Indonesian Lesson.
12.00- 1.00	Creative time	Construction activity with your child's favorite materials i.e. Lego , draw, craft, music, instrument	12.00 to 1.00	Well Being Activity	Torquay College Wellbeing Lesson.
1.00- 1.30	Lunch		1.00 to 1.30	Lunch	
1.30 -2.30	Academic time	Select an Inquiry or English task from activities listed in the appropriate year level learning tasks. Refer below	1.30 to 2.30	Creative time	Construction activity with your child's favorite materials i.e. Lego, draw, craft, music, instrument.
2.30- 3.30	Physical or Wellbeing	Select a wellbeing or physical activity: Play game outside, a ball game in your yard, skipping	2.30 to 3.30	Physical Activity	Play outside, go for a walk, ride your bike.

Writing

Curriculum Area Focus	Suggested Learning Activities	Material links / Online Resources	Task Assessed by Teacher Due Date
<p><u>Sessions 1</u> Learning Intention: I can select tasks independently to demonstrate my writing skills. (Suggested task to do on Monday)</p>	<p><u>Writing Menu Task 1:</u> This week you are going to start a new seed in your Writer's Notebook. You can choose from these writing prompts or you can come up with your own idea. You should use a new Seed/Mind Map. You can use this powerpoint to help you. When you have finished take a photo and share your seed on the GC stream.</p>	<p>Week 6 Writing Task Writer's Workshop & Planting Seeds Writers Workshop Process week 6 Mini Lesson pp W6 Seeds & Draft Video: Mini Lesson Video W6 Seeds & Draft..mp4</p>	
<p><u>Sessions 2</u> Learning Intention: I can write using correct grammar and punctuation. (Suggested task to do on Tuesday)</p>	<p><u>Writing Menu Task 2:</u> Today you are going to turn your Seed into a DRAFT piece of writing. You can do this in your Writer's Notebook OR your Big Learning Book. It must be handwritten. Do not worry about editing- we will do this next week. Get all your ideas down and write, write, write. Minimum ½ to 1 full page but you can do more!</p>	<p>Week 6 Writing Task Writer's Workshop & Planting Seeds Writers Workshop Process week 6 Mini Lesson pp W6 Seeds & Draft Video: Mini Lesson Video W6 Seeds & Draft..mp4</p>	
<p><u>Sessions 3</u> Learning Intention: I can practice my literacy skills through journal writing. (Daily Task) (Suggested task to do on Thursday)</p>	<p><u>Journal Writing Task:</u> Journal writing is a great way for you to practice your literary skills. Whether you like the idea of creating a gratitude journal, recording your plans for a day or how you are feeling or simply using a journal to inspire creativity, these fun prompts are an easy way to get started. Please write a journal entry each day in your Remote Learning Book or on your netbook.</p>	<p>Journal Writing week 6</p>	
<p>Writing: Optional Extra- if you want to do more: Plant a new writing seed in your Remote Learning Book. Turn your seed into a piece of published writing by following our writing structure of planning, drafting, revising, editing and publishing . Writer's Workshop & Planting Seeds Writers Workshop Process week 6</p>			

Reading

Curriculum Area Focus	Suggested Learning Activities	Material links / Online Resources	Task Assessed by Teacher Due Date
<p><u>Sessions 1</u> Learning Intention: I can listen to the sounds in words and spell them correctly. Suggested task to start on Monday</p>	<p>This is your spelling program for the week - Just like we do in class Students will need to download the PowerPoint Work your way through the Sessions (one session at a time) and listen to the instructions by clicking on this symbol</p>  <p>and play the talking by pressing on the arrow</p> 	<p>Video Week 6 Spelling Video Week 6 Spelling PowerPoint</p>	
<p><u>Sessions 2</u> Learning Intention: I can apply inferences when reading passages of text. (Suggested task to do on Tuesday)</p>	<p><u>Reading Choice Menu:</u> Choose two tasks from the Reading Choice Menu, complete them in your Remote Learning Book. Remote Learning Books will be submitted when we return to school.</p>	<p>reading Week 6 Week 6 reading vid.mp4</p>	<p>Upload a photo of one of your completed reading tasks this week.</p>
<p><u>Sessions 3</u> Learning Intention: I can apply inferences when reading passages of text. (Suggested task to do on Thursday)</p>	<p><u>Reading Choice Menu:</u> Continue working on your two tasks from the Reading Choice Menu, complete them in your Remote Learning Book. Remote Learning Books will be submitted when we return to school.</p>	<p>reading Week 6</p>	
<p>Reading: Optional Extra- if you want to do more: to be done throughout Term 2 Year 4- Novel Study <i>The Wind in the Willows</i> by Kenneth Graeme. The Wind in the Willows by Kenneth Grahame - Free at Loyal Books This is an Audio book (you do not need a hard copy). So you can work through the book at your own pace throughout this term. Happy Listening/Reading! OR you can explore Mr Baker's</p>			

Mathematics

Curriculum Area Focus	Suggested Learning Activities	Material links / Online Resources	Task Assessed by Teacher Due Date
<p><u>Session 1</u> Learning Intention: I can improve my knowledge of fractions by working on my goals.</p> <p>(Suggested task to do on Monday)</p>	<p>In this lesson you will continue to work on your individual fractions goals. Please follow the instructions on the PowerPoint to complete your goals. The more you do, the better you get!</p> <p>We have a Fraction POST Test next week, so work hard on these and improve as much as you can.</p> <p>Remember: Please do your 15 minutes of Mental Maths, Mathletics or Nessy each day as a warm up before you goals.</p>	<p>Maths Goals PowerPoint</p> <p>Please watch this video - it covers Goals 10 and 11, but also looks at skills from goal 1,2,3,4,5,7,8,9 and 16! Everyone will benefit from watching Must Watch Fractions Video.MOV</p>	
<p><u>Session 2</u> Learning Intention: I can improve my knowledge of fractions by working on my goals.</p> <p>(Suggested task to do on Tuesday)</p>	<p>In this lesson you will continue to work on your individual fractions goals. Please follow the instructions on the PowerPoint to complete your goals. The more you do, the better you get!</p> <p>Remember: Please do your 15 minutes of Mental Maths, Mathletics or Nessy each day as a warm up before you goals.</p>	<p>Maths Goals PowerPoint</p>	
<p><u>Session 3</u> Learning Intention: I can explain what an equivalent fraction is. I can make a fraction wall.</p> <p>(Suggested task to do on Thursday)</p>	<p>Today you are learning about Equivalent Fractions</p> <p>Making a Fraction Wall - create your own fraction wall on Microsoft Word. Watch Mrs Mcleod's video for instructions.</p>	<p>Please watch Mrs McLeod's mini lesson on Equivalent Fractions. You will not be able to complete this lesson without watching it.</p>	
<p>Maths: Optional Extra- if you want to do more: Mathletics either set tasks or live play, Mental Maths, Nessy Numbers, More Maths Goals!!</p>			

Inquiry

Curriculum Area Focus	Suggested Learning Activities	Material links / Online Resources	Task Assessed by Teacher Due Date
<p><u>Sessions 1</u> Learning Intention: For students to develop a better understanding of the issues which confronted both Indigenous peoples and colonists when first contact was made. (Suggested task to do on Monday)</p>	<p>Detailed Lesson Powerpoint Inquiry Week 6 - Lesson 1 The Impact of European Settlement on Indigenous Australians</p> <p>Watch these 'My Place' episodes: First Contact Governor's orders</p> <p>Complete This Worksheet: Week 6 - Inquiry - Lesson 1 Worksheet.docx</p>	<p>Inquiry Week 6 - Lesson 1 The Impact of European Settlement on Indigenous Australians</p> <p>Videos: First Contact Governor's orders</p> <p>Worksheet: Week 6 - Inquiry - Lesson 1 Worksheet.docx</p>	
<p><u>Sessions 2</u> Learning Intention: For students to develop a better understanding of the issues which confronted both Indigenous peoples and colonists when first contact was made. (Suggested task to do on Tuesday)</p>	<p>Detailed Lesson Powerpoint Inquiry Week 6 - Lesson 2 - The Impact of European Settlement on Indigenous Australians Watch these 'My Place' episodes: Cat-o'-nine-tails</p> <p>Read the information in this Powerpoint: colonisation.pdf</p> <p>Independent Tasks:</p> <ol style="list-style-type: none"> 1. Complete the answers from the powerpoint in your Big Learning Book. 2. Complete the writing task explained in the lesson powerpoint. 	<p>Inquiry Week 6 - Lesson 2 - The Impact of European Settlement on Indigenous Australians</p> <p>Video: Cat-o'-nine-tails</p> <p>Reading: colonisation.pdf</p>	<p>Upload a photo of your completed Inquiry Lesson 2 task to the Google Classroom into the Inquiry Folder.</p>
<p><u>Sessions 3</u> Learning Intention: I can represent Australia as states and territories, and</p>	<p>It's time for Stage 5 of the <u>Around Australia Rally 2020!</u></p> <p>Steps:</p> <ol style="list-style-type: none"> 1. Open the Stage 5- Northern Territory slideshow from the Assignment on the CLASSWORK tab in your grade's Google Classroom (this will create your own copy). 	<p>Around Australia - STAGE 5 - NORTHERN TERRITORY (DO NOT TRY TO EDIT THIS COPY) Go to your Google Classroom - CLASSWORK tab and find the Around Australia Rally</p>	

identify Australia's major natural and human characteristics (Suggested task to do on Thursday)	2. Research your answers. 3. Record them on the last slide in the powerpoint (The Answer Sheet).	2020 - Stage 5: Northern Territory assignment . Click on the linked powerpoint from there and it will create your own copy in the assignment. Mr Craig's Around Australia Rally video lesson will be available on Google Classroom on Friday, 21st August	
Inquiry: Optional Extra- if you want to do more: Turn your Around Australia Rally answers for the week, into an informative slide show using powerpoint or google slides and post onto the stream.			

Wednesday Specialist Program

Curriculum Area Focus	Suggested Learning Activities	Material links / Online Resources	Task Assessed by Teacher Due Date
<u>Well Being Activity</u> Learning Intention: I can identify and practice strategies that promote health, safety and wellbeing	<p>Be a healthy Hero with the Geelong Cats !</p> <p>The Geelong Cat's Healthy Heroes program is all about helping young people make good choices. It focuses on physical activity, healthy eating, hydration, screen time and sleep. It's really important that we look after ourselves all the time but especially during times that might be tough. Join Melissa Hickey and Tom Hawkins from the Geelong Cats as they share some tips about healthy eating and getting enough sleep.</p> <p>Watch the "Healthy Eating" video and the "Sleep" video from the Healthy Heroes program. Our healthy heroes, Tom and Melissa encourage us to have 5 serves of fresh fruit and vegetables a day. Have fun and challenge yourself to eat like a healthy hero by trying one of the Geelong Cats players recipes in the "Eat like a healthy hero cookbook"!</p>	<p>Healthy Heroes - healthy eating video: https://www.youtube.com/watch?v=Bt9R420NaPU&list=PLnfcw1Jr1Mn-imzszwVuCF5N_c8BkGOa&index=2</p> <p>Healthy Heroes - sleep video https://www.youtube.com/watch?v=4jhifeKIdIA&list=PLnfcw1Jr1Mn-imzszwVuCF5N_c8BkGOa&index=4</p> <p>Healthy Heroes Recipe Cookbook available here: Geelong - News, Fixtures, Scores & Results</p>	

<p><u>Art Activity</u> Learning Intention:</p> <p>I can discuss how artists use materials, techniques and visual conventions from a range of places, times and cultures</p>	<p><u>Year 4 Inquiry: Australia and its neighbours.</u></p> <p>Using your lap tops, examine images of early colonial clothing. See the long dresses, high necked, flouncy with undergarments, aprons and long pants, ruffled shirts, caps....</p> <p>Take a small photo only of your face and cut around it so no background.</p> <p>Draw in your background first- do you want Gold Rush days- so tents, streams, gold pans, picks, axes, hessian and timber shacks, mineshafths or do you want travelling in luxury of Cobb and Co coaches?</p> <p>After your background is organized, where do you want to be positioned-standing, kneeling, mining? Draw in your colonial clothing.</p> <p>Colour using pencils and smudge to add atmosphere. Which side is the sun shining from because the opposite of that object will need a shadow cast on the ground.</p> <p>Please post to your stream.</p>		
<p><u>Indonesian Activity</u> Learning Intention:</p> <p>I can identify how someone is feeling in Indonesian</p>	<ol style="list-style-type: none"> 1. Watch the mini lesson on expressing how you feel: saya merasa mual, muntah, pingsan and patah (I feel nauseous, vomited, fainted and a broken_____). 2. Fill out the Google Form to show your understanding of the new vocabulary learned this term. 	<ol style="list-style-type: none"> 1. Mini lesson (on Google Classroom) 2. Google Form on expressing how you feel. https://forms.gle/fjovFbuLVEd1g2yE8 	
<p><u>Physical Education Activity</u> Learning Intention:</p> <p>I can perform skills where locomotor and object control skills are combined</p>	<p>Hello Year 3!</p> <p>Welcome to Term Three Week 6 of our remote and flexible learning.</p> <p>Activity 1 – Dice roll exercises</p>	<ul style="list-style-type: none"> - Any type of ball - skittles or plastic bottles - Dice - Stool 	

to complete a movement

To warm up, we have a 10 minute workout with Mr. McLoughlan – it is a dice challenge – the number you roll on the dice is the amount of the exercise you do. The exercises are: push ups, star jumps, mountain climbers, frog leaps, standing long jumps, stool step ups.

Watch the video clip in google classroom to see how it works.

Activity 2 – Skittle Kick

Steps:

- Set up some skittles (eg: plastic bottles) in a triangle shape. Take 5 big steps back (or more if you want a challenge!), place the ball on the ground and kick to see how many you can knock over.
- Take 10 turns and write down on a piece of paper how many skittles you knock down each time. Add them up as your total score.
- Challenges – change your ball or skittles, move further away from your skittles, can you play against a family member?

Questions:

- How do you kick at a target?
- How can you make your kick more powerful?

When you changed your ball or skittles – did you have to kick differently?

Activity 3 – Dance time

Now to get you up and moving again, this one is a 3:25 minute dance session with "Moves Like Jagger" by Maroon Five. A great way to feel the rhythm.

<https://www.youtube.com/watch?v=rE7q1uhj4g4>

Activity 4 – Running challenge

- internet

Steps:

- You will need to find a suitable space e.g. park, oval, footpath that meets the distance you are required to run for your age group. You will need to measure out your relevant distance using a smart watch, google earth or a bike computer. To find out more information about the set up for this activity click here for the SSV Virtual Cross Country Challenge.
- Record your score on the event website above and try and beat your time.

Questions:

- What is meant by the term 'pacing'?
- Why is pacing important in middle distance and longer distance running events?

What are the middle and long-distance events in Track and Field Athletics?

See you next week!