Principal News:

**Stranger danger:** I received a report today that a child was approached on Sunday by an unknown adult male who offered her lollies. Please discuss with your children the rules about never accepting a ride with a stranger or accepting gifts from a stranger. We can never remind children enough about these safety rules.

**Visiting American teacher:** We are seeking a family who has a spare room or a unit that may be suitable accommodation for a teacher from USA who will be teaching at Torquay College for term 3. Morwenna is willing to pay board or rent.

**Positive Mindsets:** I found this article to share with you as it reminded me of the importance of keeping our approaches positive to provide your child with positive “self talk” and resilience.

<table>
<thead>
<tr>
<th>FIXED MINDSET</th>
<th>GROWTH MINDSET</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Instead of:</strong></td>
<td><strong>Try thinking:</strong></td>
</tr>
<tr>
<td>I'm not good at this.</td>
<td>What am I missing?</td>
</tr>
<tr>
<td>I'm awesome at this.</td>
<td>I'm on the right track.</td>
</tr>
<tr>
<td>I give up.</td>
<td>I'll use some of the strategies we've learned.</td>
</tr>
<tr>
<td>This is too hard.</td>
<td>This may take some time and effort.</td>
</tr>
<tr>
<td>I can't make this any better.</td>
<td>I can always improve so I'll keep trying.</td>
</tr>
<tr>
<td>I can't do maths.</td>
<td>I'm going to train my brain in maths.</td>
</tr>
<tr>
<td>I made a mistake.</td>
<td>Mistakes help me learn better.</td>
</tr>
<tr>
<td>She's so smart. I'll never be that brainy.</td>
<td>I'm going to work out how she does it.</td>
</tr>
<tr>
<td>It's good enough.</td>
<td>Is it really my best work?</td>
</tr>
<tr>
<td>Plan A didn't work.</td>
<td>Good thing the alphabet has 25 more letters!</td>
</tr>
</tbody>
</table>

Acknowledgement: Original source unknown; reproduced by Sylvia Duckworth.
Torquay College China Excursion 2016- Expressions of Interest: We are in the preliminary stages of planning for the 2016 trip in September to China with our sister school, Dong Feng Dong Road Primary School, Guangzhou. Please let me know if you are interested in your child attending this 9 day school trip. I will be using this information as a guide when planning with CISV friends in China. This will be our third excursion to China and we have hosted students in alternate years four times. This notice is just to gauge interest levels from our current students who are 11+ years of age.

Working Bee: Many thanks to the 33 people who helped spread two huge piles of mulch to make our playgrounds safer for all students. It was great to see our community working together and enjoying a BBQ at the end of the job. Well done parents of students in years F-2.

Bike Safety: I had a call from a concerned resident who almost hit a child who was riding his bike down Follett Street on the footpath and rode across the road with out looking. The gentleman stopped within half a metre and barely avoided an accident. Please remind your children of the importance of stopping and looking in all directions at cross roads before proceeding and also being aware of cars backing out from driveways.

Pam Kinsman, Principal
Schedule 4: Notice of Election and Call for Nominations

An election is to be conducted for members of the School Council of

TORQUAY COLLEGE

Nomination forms may be obtained from the school and must be lodged by 4.00 pm on

26/2/16 (insert date and year).
The ballot will close at 4.00 pm on

10/3/16 (insert date and year)

Following the closing of nominations a list of the nominations received will be posted at the school. The terms of office, membership categories and number of positions in each membership category open for election are as follows:

<table>
<thead>
<tr>
<th>MEMBERSHIP CATEGORY</th>
<th>TERM OF OFFICE</th>
<th>NUMBER OF POSITIONS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parent member</td>
<td>From the day after the date of the declaration of the poll in 2016 to and inclusive of the date of the declaration of the poll in 2018</td>
<td>4</td>
</tr>
<tr>
<td>DET employee member</td>
<td>From the day after the date of the declaration of the poll in 2016 to and inclusive of the date of the declaration of the poll in 2018</td>
<td>2</td>
</tr>
</tbody>
</table>

If the number of nominations is less than the number of vacancies, a notice to that effect and calling for further nominations will be posted in a prominent position at the school.

PAM KINSMAN
Principal
Thank you to all those families for your generous contributions to date. School fees cover the cost of the day-to-day operations of the College, but continuous improvement of our facilities are made possible by the generosity of our school community.

Projects requiring funding in the short-term include:

- Synthetic grass adjacent to netball courts
- Refurbishment of buildings and fittings

To give to the Torquay College Building Fund please complete the form below and return to the Administration Office.

A receipt will be issued as donations are tax deductible.

---

**Torquay College Building Fund Appeal**

Name: ................................................................. Telephone: .................................................................

Address: ...........................................................................................................................................................

Email: ..............................................................................................................................................................

Gift amount: ......................... Cheque No: ......................... Cash: .................................

45-55 Grossmans Road, Torquay 3228

Phone: 5261 2360

Email: torquay.p6.co@edumail.vic.gov.au
### Dates To Remember

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday, 24th February</td>
<td>Meet &amp; Greet Parent/Teacher Discussions 3:10pm-5:10pm</td>
</tr>
<tr>
<td>Thursday, 25th February</td>
<td>Meet &amp; Greet Parent/Teacher Discussions 3:10pm to 5:10pm</td>
</tr>
<tr>
<td>Friday, 26th February</td>
<td>Year 4 Hockey Clinic 8:30am-12pm</td>
</tr>
<tr>
<td>Tuesday, 1st March</td>
<td>Parent Helpers Information Session 8:30am-9:30am</td>
</tr>
<tr>
<td>Tuesday, 1st March</td>
<td>Puberty Education Information Night 7pm-8pm in Presentation Room</td>
</tr>
<tr>
<td>Wednesday, 2nd March</td>
<td>Parent Helpers Session 8:30am-9:30am</td>
</tr>
<tr>
<td>Wednesday, 3rd March</td>
<td>Year 5/6 Puberty Education</td>
</tr>
<tr>
<td>Wednesday, 3rd March</td>
<td>Parent Helpers Session 2:00pm-3:00pm</td>
</tr>
<tr>
<td>Friday, 4th March</td>
<td>P &amp; C Welcome Morning Tea in College Café 8:30am</td>
</tr>
<tr>
<td>Friday, 4th March</td>
<td>Year 5/6 Puberty Education</td>
</tr>
<tr>
<td>Friday, 4th March</td>
<td>Combined Geelong North and Bellarine Division Swimming</td>
</tr>
<tr>
<td>Friday, 4th March</td>
<td>Year 4 Team—Olympic Swimmer Kate Smyth</td>
</tr>
<tr>
<td>Monday, 7th March</td>
<td>Year 5/6 Puberty Education</td>
</tr>
<tr>
<td>Monday, 7th March</td>
<td>Year 2 Police Visit</td>
</tr>
<tr>
<td>Tuesday, 8th March</td>
<td>Year 5/6 Puberty Education</td>
</tr>
<tr>
<td>Wednesday, 9th March</td>
<td>Year 5/6 Cyber Safety</td>
</tr>
<tr>
<td>Thursday, 10th March</td>
<td>Year 5/6 Cyber Safety</td>
</tr>
<tr>
<td>Thursday, 10th March</td>
<td>Year 5/6 Puberty Education</td>
</tr>
<tr>
<td>Friday, 11th March</td>
<td>Curriculum Day—No students at school</td>
</tr>
<tr>
<td>Monday, 14th March</td>
<td>Labor Day Holiday</td>
</tr>
<tr>
<td>Friday, 18th March</td>
<td>House Athletics Years 3 to 6</td>
</tr>
</tbody>
</table>

### eSmart Schools

**TORQUAY COLLEGE BECOMES eSmart-er**

For the past several years Torquay College has been part of the Alannah and Madeline Foundation’s eSmart program, fostering a culture of safe and responsible usage of technology. We recently achieved full eSmart status – the highest level – and are proud to display the eSmart sign in recognition of this. This year we will again be having cyber safety experts present to our school community, with further details of dates and times to be announced once they are confirmed. While there are resources accessible via our staff and student intranet pages, we also have comprehensive resources for parents in the Parent Info > Cyber Safety section of our school website at http://www.torquaycollege.vic.edu.au/783-2/
I can’t believe how quickly 2016 is going, before we know it we will all be in an Easter chocolate coma!

I just wanted to firstly say “Hello and a warm welcome” to all families, old and new, to Torquay College. I hope your children have settled in well and are enjoying being back at school.

Torquay College is an amazing school. We have an abundance of amazing teachers, staff and resources. Like any school though, there is more increasing pressure on our teaching team and at times things that may concern you may not be identified. Bullying is a serious issue and can occur in a range of settings, including the workplace, at home or at school. It can take the form of verbal taunts, physical harassment or cyber bullying. In these situations, I strongly encourage you to approach your teacher and have a chat, ask questions and get involved in the school. They say the children whose parents contribute in and around the school, tend to feel the most comfortable.

Please feel free to also give me a call, or write a letter if you have any questions. As a parent I am extremely passionate about the school and want you to feel the same. Letters can be addressed to me via the school and my number is also available in the office.

Kind Regards
Amber Potter

Congratulations
Pupils of the Week
Stephanie Alexander Kitchen Garden Update

The students were excited to start cooking and gardening last week and they really enjoyed our first menu, the zucchini slice was a big favorite.

Thanks to Zeally Bay Bakery for their kind donation of bread sticks to make our yummy bruschetta with fresh basil and tomatoes from our garden. Thank you also to Pauline Iacano for sharpening our knives and to the Darburn family for their donation of food for our kitchen. We have lots of amazing pumpkins in our garden and they will be ready for harvesting soon. If you use the school after hours can you please keep an eye on our garden. We would like all the produce that we grow for the students to cook with.

We still need more paint for our garden shed mural. Please check your shed and see if you have any to donate to this project.

If you’re interested in volunteering in the kitchen or garden please contact Terri 5261 0906. It is fun working with the students, a great way to meet some new people and learn some new recipe ideas.
TOMATO & BASIL BRUSCHETTA

Bowl of tomatoes all different shapes and colours
   Big bunch of fresh basil
   1 red onion
   2 clove of fresh garlic
   1 large bread stick
   Olive oil
   Salt & pepper
   Olive oil – splash of balsamic vinegar

Method
Cut the bread stick into thin slices & toast lightly.
Crush garlic and rub the sides of the toasted bread with the garlic.
Cut the tomatoes into small pieces & place in a large bowl with the chopped basil and finely diced red onion.
Season with salt and pepper.
Add in a couple of tablespoons of olive oil, the balsamic vinegar and use your hands to coat.
Lay out the toasted bread on plates and flat platters and spoon the tomato and basil evenly over bread.
Busy with budgies!

Do animals eat rubbish? NO! We feed them seeds, crickets, prawns, fruit, vegetables and mealworms.

The wetland next to the Environmental Centre is not a rubbish bin. You shouldn’t throw rubbish in there— or anywhere else!

If people keep putting rubbish in the wetlands the frogs and other animals that live there will die.

It is Clean up Australia day for schools on Friday 4th March. Let’s keep using our compost, recycling and general waste bins so there is NO rubbish to pick up!

By Oscar, Ollie, Riley and Daniel.

What a load of rubbish!

The sparrow pecked me, to let the sparrow keep pecking me would have been a total disaster. Suddenly I was falling down, down, down. Alone, cold and out of my nice warm nest.

I was scooped up in a giant hand and taken to an unknown place. The giant gave me a nice warm meal. I was safe.

By Teja and Miki

R11 students have been busy hand raising three budgies that were kicked out of their nest (Bibble, Sherbet and Captain).

Did you know that the natural colour of Wild Bush Budgies is green? They love cuttlefish, seeds and sitting on shoulders!
Parents of 2017 Year 7 Students
GEELOMG & DISTRICT GOVERNMENT SECONDARY SCHOOLS

INFORMATION SESSIONS

<table>
<thead>
<tr>
<th>School</th>
<th>Address</th>
<th>Contact Phone</th>
<th>Date</th>
<th>Time Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grovedale College</td>
<td>19 Wingarra Drive, Grovedale 3216</td>
<td>(03) 5245 4545</td>
<td>Wednesday 20th April</td>
<td>6:00pm – 6:45pm: School Tours 7:00pm: Information Session – School Gym</td>
</tr>
<tr>
<td>Matthew Flinders Girls Secondary College</td>
<td>Little Ryrie Street, Geelong 3220</td>
<td>(03) 5221 8288</td>
<td>Tuesday 22nd March</td>
<td>7:00pm – 8:15pm: Information Session Hall, Myers Street</td>
</tr>
<tr>
<td>Oberon High School</td>
<td>12 Pickett Crescent, Belmont 3216</td>
<td>(03) 5243 4444</td>
<td>Wednesday 23rd March</td>
<td>5:00pm – 7:00pm: School Tours 7.00pm – 8.00pm: Information Session - Library</td>
</tr>
<tr>
<td>Surf Coast Secondary College</td>
<td>Meeting at Torquay College site Grossman's Road, Torquay 3228</td>
<td>(03) 5261 6633</td>
<td>Monday 21st March</td>
<td>6:00 – 8:00pm: Self-guided tours</td>
</tr>
</tbody>
</table>
Raising Awareness About Plastic Pollution in Our Oceans.

PLASTIC POLLUTION SOLUTIONS is holding events around Australia to raise awareness about plastic pollution in our oceans.

Bellbrae Primary School are hosting a Family Trivia Night which will be held at:

**THE GRANT PAVILION** (1 Merrijig Dr Torquay)

Friday, 26th February, 5.30pm

**BBQ sausages & corncobs, coffee & cake, drinks available for purchase.**

**Tickets: $10 Adults - $5 kids**

(http://www.trybooking.com/18026r)

The trivia is general knowledge for people of all ages with great prizes and raffles. You’ll also learn about plastic pollution and how we can curb the problem.

*Come along and support this growing movement to keep our ocean clean!*
**DARE**
To be Skin Confident
Medical Skin Clinic Australia, Torquay
Skin Cancer, Cosmetic and Laser Clinic
Invite you to an:

**Exclusive DARE Event**
Hosted by TV Personality
**Nicky Buckley**
and Dr Caroline Taylor-Walker

---

Expert secrets on how to be skin confident now and into the future.
The skin, cosmetic and Laser Industry is confusing.
Learn differences between available treatments and how to age gracefully.
Leave feeling empowered about caring for your skin, so you can have the skin you want
and be skin confident for the rest of your life.

**Thursday 3rd March 2016 5pm–8pm**
Quiksilver Bar 61, 61 Surf Coast Highway, Torquay

Tickets $30
Tickets must be purchased by 25th February
redeemable against clinic services after the event.

Door prizes, Exclusive Treatment Offers, Goodie Bags, Drinks on Arrival and Nibbles.
Chances to ask questions as an individual about skin concerns.

For Tickets:
- **T:** 03 5261 6171
- **E:** info@medicalskin.com.au

---

**beaute luxuries**

Fiona Ryan
0475 870 371

285 Grossmans Road,
Torquay 3228

Massage, Facials, Waxing, Nails and More

---

**OPENING SOON**

Special **FOUNDATION MEMBERSHIPS** available

**Anytime Fitness. Torquay**

---

**JOIN NOW!**
GO ONLINE:

**PROMO CODES**
- 12 month membership: TRQ12
- 18 month membership: TRQ18

**STAFF ON SITE:**
From Monday 15th February
Mon-Fri – 12pm-6pm | Sat – 10am-1pm
39 Baines Crescent, Torquay, VIC 3228 | Kate 0438 110 275
KEYBOARD AND GUITAR LESSONS

Weekly keyboard and guitar lessons will be commencing from next week at Torquay P-6 College. The lessons are held on school premises AFTER school hours on Thursdays. The cost is $14.00 per lesson. (Private lessons are also available at a cost of $24.00 per lesson.)

Music is a wonderful activity in itself but research also indicates that participation in music activities improves educational outcomes in other areas of the curriculum.

To enroll your child, please collect an enrolment form from the school office.

If you require more information about the program, please contact Excel Music on 9801 8991 or visit their website, www.excelmusic.com.au.

SING, ACT, SPEAK!

Private and group singing and speech and drama lessons for all ages and stages!
*HALF PRICE INTRODUCTORY LESSON FOR EVERY STUDENT*
For more information contact Jessica on 0422560522 or singactspeak@gmail.com

DO YOU HAVE ANY CHILDREN’S BATHERS to DONATE?

Water Safety Vietnam educates Vietnamese children water safety and assists to help children learn to swim. One piece for girls and board shorts for boys. If you can help, please drop your bathers to the office for collection.

Child restraint fitting session

This free event is designed to ensure that Surf Coast families and their children are protected when traveling. Your baby/child restraint will be checked by qualified fitters and they will be happy to answer any questions about appropriate child restraints and installation.

Torquay - 9 March, 2016
Location: Torquay Children’s Hub
Address: 27 Grosmans Road, Torquay 3228
Ph: 5261 059
Time: 10am to 3pm.

Bookings at Torquay Children’s Hub
Bookings close 8 March, 2016
"After years of wanting to we have finally put together a team, including three mums from Torquay College, to complete the 100kms of the Melbourne OXFAM TRAILWALKER. With only 50 days to go the Salty Ox Team are training hard and starting to feel very excited about the event! Go to our Salty Ox Facebook page or https://trailwalker.oxfam.org.au/my/teamspace/blogs to see the amazing local walks we’ve been lucky enough to train on.

But, it’s not just a walk; it’s about making a difference to people living in poverty around the world.

If you would like to donate the link is https://trailwalker.oxfam.org.au/my/team/22489. Even the smallest of donations will help make a significant difference. We are also selling Oxfam free trade chocolate which you can order via message to our Facebook page.

"You can also sign up for the Surf Coast Suns Auskick and NetSetGO programs that will be running on Friday evenings from 5pm-6pm, commencing term 2, on the registration day Sunday 28th February, 2pm to 4pm"