**Principal News:**

* NO ASSEMBLY THIS FRIDAY *

**Remembrance Day:** As our year 5/6 students are at camp we will be stopping classes at 11.00 am to view on our green screen a short Remembrance activity. We will not be holding an official assembly.

**Building confidence:** It is important that we assist our children to develop a positive approach to the many challenges that they will face in life. I found the following chart an interesting one that could help turn around a child's belief in themselves.

### WHAT CAN I SAY TO MYSELF?

<table>
<thead>
<tr>
<th>FIXED MINDSET</th>
<th>GROWTH MINDSET</th>
</tr>
</thead>
<tbody>
<tr>
<td>Instead of:</td>
<td>Try thinking:</td>
</tr>
<tr>
<td>I'm not good at this.</td>
<td>What am I missing?</td>
</tr>
<tr>
<td>I'm awesome at this.</td>
<td>I'm on the right track.</td>
</tr>
<tr>
<td>I give up.</td>
<td>I'll use some of the strategies we've learned.</td>
</tr>
<tr>
<td>This is too hard.</td>
<td>This may take some time and effort.</td>
</tr>
<tr>
<td>I can't make this any better.</td>
<td>I can always improve so I'll keep trying.</td>
</tr>
<tr>
<td>I can't do maths.</td>
<td>I'm going to train my brain in maths.</td>
</tr>
<tr>
<td>I made a mistake.</td>
<td>Mistakes help me learn better.</td>
</tr>
<tr>
<td>She's so smart. I'll never be that brainy.</td>
<td>I'm going to work out how she does it.</td>
</tr>
<tr>
<td>It's good enough.</td>
<td>Is it really my best work?</td>
</tr>
<tr>
<td>Plan A didn't work.</td>
<td>Good thing the alphabet has 25 more letters!</td>
</tr>
</tbody>
</table>

Acknowledgement: Original source unknown; reproduced by Sylvia Duckworth.

Pam Kinsman, Principal
Assistant Principal’s Report:

Dear School Community Members,

2015/2016 Transition Program

Next Friday 20th November, will be our annual ‘One-Up’ session for all students. This session involves students participating in transition activities in their 2016 year level. This helps prepare students for their transition to their stage of schooling. Our next transition session is on Tuesday, 8th December. On this day, all students will spend some valuable time with their 2016 teacher, and their 2016 classmates. Where possible, students will also visit their 2016 classroom.

Reports

A letter went home on Monday with every student outlining the changes this semester with Student Reports. Please contact your classroom teacher or the office if you missed this letter.

P-2 Athletics

What a successful sports day last Friday for all our P-2 students! It was great to see big smiles on the faces of all students as they competed in a range of events aimed at preparing them for competitive athletics competitions in Year 3-6. Thank you to Ms Mac, Mr Ross and all the staff for running such a successful and enjoyable day. Thank you also to all the families who came along to cheer the competitors on in chilly conditions. The biggest thank you goes to our wonderful helpers in Year 4, 5 and 6. What terrific student leaders and role models we have.

Congratulations Inverlochie house, this year’s overall P-2 Athletics winners.

Thank you for supporting our school and have a great week.

Kind regards, Russell Taylor-Shaw and Nadia Tkaczuk

Yr 3 & 4 Seal the Loop Excursion

Just a reminder the Year 3 & 4 children have an exciting social action day this Friday 13th November at Jan Juc beach. This is Seal the Loop Day, the Year 3 and 4 students will be teaching each other, sharing the information they have prepared about the challenges that plastic pollution has placed on our environment. This day will be held in conjunction with staff at Melbourne Zoo and the Great Ocean Road Coast Committee (GORCC). The children in Year 3 and 4 parents and friends are warmly invited to attend. Year 3 and 4 Teams.
Dates To Remember

Wednesday 11th November   Australian Youth Choir Visit - Yr 1-4 students
Friday 13th November      Seal the Loop Excursion Yr 3 & 4
Friday 13th November      NO SCHOOL ASSEMBLY
Monday 16th - 20th November   Book Fair - Library
Monday 16th November      Yr.4 Excursion - Black Rock Treatment Plant
                          R5, R7 & R8
Tuesday 17th November     Yr.4 Excursion - Black Rock Treatment Plant
                          D1, D3 & R9
Tuesday 17th November     Yr. 1 Incursion - Cultural Infusion
Tuesday 17th November     Yr.6 Blue Light Disco - Geelong West Town Hall
Friday 20th November      One Up Day - Whole School Transition Session 2
Mon 23-25th November      Yr. 3 Camp Wilkin
Tuesday 24th November     Magic Show excursion - Selected students
Friday 27th November       Yr.’s 5/6 Dance Party - Presentation Room
Friday 27th November       Prep Cafe
Thursday 3 & 4th December  Foundation Excursion - Queen Victoria Market
Friday 4th December       Yr. 1-4 Disco - Stadium
Friday 4th December       Yr. 1 Incursion - Kelly Sports
Tuesday 8th December       Transition Day - Whole School
Tuesday 15th December     Yr. 6 Graduation
Wednesday 16th December   P-4 Christmas Carol’s in Stadium commence 9.00am
                          Followed by Parent Helper Morning Tea at 10.30am
Wednesday 16th December   Yr 5/6 Adventure Park
Friday 18th December       Last Day Term 4—School Assembly 12 noon
                          Early Dismissal at 1pm

Pupils of the Week

D6  Millie C  D7  Daan B  R3  Archie S  F9  Melody L  F8  Mikayla B
B1 Mia W & Elaine Y  D1  Levi C  R4  Montana M  F9  Tom G
B3  Benson T  D3  Holly B  R6  Natalie W  R9  Zeth Mc
B4  Hunter M  R5  Elijah D  F6  Ruby W  B8  Belle C
B6  Jordan W  R1  Amelie F  F8  Anna T  R2  Leah W

Join our mailing list to receive the latest news and updates from our school.

Head to our website for further information on how to subscribe!

www.torquaycollege.vic.edu.au
**Wanted:** Rolls of Christmas paper, even brown paper for Art Room attached to stadium. Thanks in advance, Yvette Swan

**Glasses:** We have a collection in “lost property” to be claimed. Please check the photo to see if a pair belongs to your child.

**School Magazine:** Parents are reminded to order and pay for a school magazine as soon as possible. Orders are due 13th November. $12 to be paid to the office please.

**Christmas Hamper Raffle:** We are now collecting items to include in the Giant Christmas Hampers so please send your contribution to the box in the office foyer as soon as possible. We will also send home raffle tickets and the butts need to be returned as soon as sold. Each family will receive only one booklet to sell but if you can sell more please ask the office for another book. We will draw this raffle at the final school assembly on the last day school, Friday 18th December.

**School Vacancies:**
Office and integration aide vacancies are now being advertised on the DET website as follows -
Applications are to be made via this site.

**Family Accounts:** A quick reminder to please finalise your family account for 2015. Payment can be made via BPay, in person or by phone on ph 5261 2360.

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**IT’S DISCO TIME!!!**

Our wonderful discos can not run without our wonderful helpers. We have 3 Events coming up and would love if you could please help us to supervise.

If you are free and have a “Working with Children Check”, please return the slip below to the Office by Friday 13th November, or please email karen@brownink.com.au

Thank you, Parents & Carers Committee

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**Disco Helper Reply Slip**

Return to Office by Friday 13th November

**Name:** ____________________________________________________________

**Phone Number:** __________________________________________

I can help with the following (please circle);

- **Friday 27th November 7pm to 9pm** - Grade 5/6 Party in Presentation Room.
- **Friday 4th December 5pm to 6pm** - Grade 1/2 Disco in School Stadium
- **Friday 4th December 6.30pm to 8pm** - Grade 3/4 Disco in School Stadium
It's Disco Time
Friday 4th December
GRADE 1/2 is at 8pm-10pm
School Stadium
GRADE 3/4 is at 6.30pm-8pm
School Stadium

Fix $2 each
Purchase at
Door on the
Night!!

By Star D7

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**Grade 5/6 End of Year Party**

Friday 27th of November
7pm to 9pm
School presentation room
ENTRY $5
Drinking water available
Glow water $1

Emer & Tom's Juice $2

Students must be picked up by an adult

by Odette

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**Come and Try Balloon Football in Torquay**

3 December International Day of People with a Disability

Balloon Football is a version of AFL that has been modified to suit the needs of people with a disability. Anyone can participate in this fun and competitive sport.

Community members are encouraged to come along, have a go at balloon football and learn more about joining a new or existing team as a player or volunteer.

**The Benefits of Balloon Football**

It's loads of fun and you can meet new people. There are also many volunteering opportunities available, including scoring, coaching, umpiring, and supporting others on the court.

**Order of proceedings**
- Welcome to Country/Smoking Ceremony with Byron Powell, Chairperson Wadawurrung
- Project acknowledgments
- Indigenous Walking Tour (from Scout Hall to Spring Valley Drive Play Space)
- Followed by Bush Tucker and BBQ with Rotary at Spring Valley Drive Play Space (nearby Bike Park)

RSVP is essential by Friday 20 November.

To Sue Thomas: email sthomas@surfcoast.vic.gov.au or phone 5261 0600

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**Contact:** Kerri Deague

03 5261 0591
5412226025
kdeague@surfcoast.vic.gov.au
Stephanie Alexander Kitchen Garden Update

The year 5/6 students have nearly completed their classes for the year and we have been cooking yummy Spanakopita, Guacamole Dip, Pizza, Banana Cake and Vietnamese Rice Paper rolls. We wish the year 6 students all the best next year at secondary schools and hope that the skills they have learnt will be useful in the future.

We look forward to introducing our year 4 students to the kitchen and garden in the next few weeks, they will be learning there tool and wheel barrow licence in the garden and knife license and kitchen safety protocols in the kitchen. If you would like to volunteer to help in the SAKG program with your year 4 students, please give Terri a call on ph 5261 0940.

Stephanie Alexander 2016 Calendar. We are producing our Stephanie Alexander Kitchen Garden 2016 Calendar, with lots of beautiful recipes in it for you to try. This will is be for sale from the end of November from the school office for $10.00, this is a beautiful Christmas gift for someone and also supports our program.

Thanks to Cindy Skeehan for her donation of eggs for our kitchen. You may have seen the start of our Walkway/Pergola that runs along our veggie garden. Peter Morgan, Tony Iacono, Mick Stojanovski are retired members of our community and volunteers for SAKG. They have all been working very hard on this project, there support is greatly appreciated. Thanks also to Rick Wheeler, our maintenance man for his help in this project.

Scholastic Book Club

Parents, Thank you for your wonderful support of book club this year. We have received many reward points from your purchases which have been used across the whole school for books, resources, art supplies and even sports equipment. Don’t forget if you wish to place an order as a gift please let me know so I don’t hand it out to the kids.
Community Sports

During Term 4, all Year 5/6 students of Torquay College are focussing on ‘Reaching Out’ and ‘Making a Difference’ to the world we live in. All Students have been challenged to look outside of their individual lives and do something to make the world a better place. This has resulted in some students reaching out to improve the lives of people or animals in need, helping protect our environment or making a positive difference in the local community and in some projects globally.

5/6 Students have also been participating in Community Sports Program. The aim of this program is to encourage students to use the wonderful facilities in our local community, while enjoying learning new skills and being active. Community Sports runs over a five week period, with students participating in activities ranging from bike riding, Zumba, skating, fishing and beach activities.

This program cannot run without the generous support of local clubs and organisations. We would like to thank:

- Torquay Lawn Bowls Club for providing the facility and people to run the sessions free of charge.
- Torquay Angling Club, who have donated a number of fishing rods for students to continue their passion outside of school.
- Parent helpers who came volunteered their time to help assist and support our students.

Students at Torquay College are blessed to have a local community that supports its younger members. It’s the people, the facilities and the community spirit that make Torquay such a wonderful place to live!

Regards, Years 5/6 Teachers and Students
Raising Confident and Respectful Sons
Transforming boys into gentlemen

The Regional Parenting Service, delivered by the City of Greater Geelong, together with Surf Coast Shire welcomes all dads, mums and those who support them to attend our FREE Parenting Forum to celebrate International Men’s Day 2015.

This forum will explore the essential conversations to have with your sons; how to create respectful relationships with others; how your beliefs and attitudes live on in your son. It will also explore core values of every functional relationship – trust, forgiveness, integrity, hope and compassion.

He’s waiting. He’s watching. He’ll listen.

We are delighted to partner with Andrew Fuller, a clinical psychologist, who works with many schools and communities in Australia and internationally, specialising in the well-being of young people and their families.

SESSION INFORMATION
THURSDAY 19 NOVEMBER
7.00 TO 8.30PM
Surf Coast Hotel (Wyndham Torquay)
100 The Esplanade, Torquay
Light refreshments, tea and coffee provided.

EVENT REGISTRATION
RSVP by Friday, 13 November 2015
to fabian@geelongcity.vic.gov.au or
5272 4741.
Limited places available.

For more information contact Angela Baum on 5272 4816 or email: a.baum@geelongcity.vic.gov.au

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GMHBA HEALTH INSURANCE

Raising Happy and Resilient Girls seminar

As part of our Health Seminar Series, GMHBA is excited to present a free seminar by one of Australia’s highest profile Psychologists, Dr Michael Carr-Gregg.

Many Australian children and teenagers are experiencing serious mental health issues including mental illness, self-harming and suicide attempts.

Dr Micharl Carr-Gregg’s ‘Raising Happy and Resilient Girls’ seminar will cover the latest research, highlighting the signs to look for and outlining some clear evidence based strategies for parents to utilise to build happy and resilient young people.

SESSION DETAILS
When: Thursday 26th November 2015
Time: 6.30pm for 7pm start
Where: The Pier, Cunningham Pier, Geelong

Light refreshments will be available prior to the seminar.

This seminar is available to GMHBA members as well as the wider community; you are welcome to register a friend or family member too.

Register Now

Registrations are limited and will close on Tuesday 17th November if not book prior, so make sure you register soon.

If you have any other questions, we encourage you to contact us.

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COMMUNITY CHRISTMAS SOIREE

Thursday 3 December, 6-9pm
Anglesea Shopping Centre (near flag pole)

> Festive Dinner supplied by 5 local restaurants
> Children’s menu
> Complimentary arrival drink
> Live entertainment & Santa

For more information and menu highlights www.anglesea.org.au
Tickets from the Anglesea & District Community Bank (limited seats)
$50 Adults | $10 Children
Enquires 5263 2116 www.anglesea.org.au

Meet you at the Mistletoe
We are hosting a CARNIVAL BOOK FAIR in the school library. Each class will be invited to preview the books during their library session. The preview sessions are an ideal opportunity for children to share and discuss the books with their teachers and peers.

The selection of books at our Book Fair will include a wide range of quality books from the best Australian and overseas authors and illustrators. All books are discounted. When you or your child buys a book, our school benefits by receiving a commission (up to 35%), which we can use to improve our resources.

Our Book Fair selling times will be: Monday 16th November - Friday 20th November 8:30am - 4:30pm

You, your family and friends are most welcome to share in the magic of matching children and books. Credit card facilities are available. No AMEX.

Your school's Carnival Book Fair will be arriving soon!

There will be lots and lots of books but here are the TOP 10

- Alice Miranda in the Alps $16.50
- BMD’s Character File $14.50
- My A to Z of Fairies $16.50
- Invasion of the Overworld $12.50
- Lemony Snicket Why is This Night Different $17.50
- 6S Storey Treehouse $12.50
- Diary of a Wimpy Kid Old School $14.50
- Beast Quest A to Z of Beasts $10.50
- Barble the Perfect Pink Dress $9.50
- Cool Science Experiments $10.50

You can prepay for these online at www.carnivalfairs.com.au
See over for instructions on how to do this

Carnival Fairs
Tel: 02 9457 1170  Fax: 02 9986 1606
PO Box 525 Terrey Hills NSW 2084  E: info@carnivalfairs.com.au
W: www.carnivalfairs.com.au
ABN 11 001 896 849

Torquay P-6 College - www.torquaycollege.vic.edu.au
How to prepay for Book Fair books

Go to the website www.carnivalfairs.com.au

- Click on the Parent Payment link in the top right corner
- Make your credit card payment and print out a receipt
- Give the receipt to your school along with the titles and quantities of the books you want
- Parents can also pay by filling in their credit card details on a Wish List
- Include this sheet and mark the books you want in the spaces provided
- If the books are in stock, the school will then give the books to your child
- If the books have sold out, the school will ask us to have them delivered to the school
- Fill in the details below so the school knows who the books are for

---

School: ________________________________

Child's First Name: ____________________

Class: ________________________________

Total CC Payment: ____________________

Date of Payment: ____________________

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Carnival Fairs
Tel: 02 9457 1170  Fax: 02 9986 1606
PO Box 525 Terrey Hills NSW 2084  E: info@carnivalfairs.com.au
W: www.carnivalfairs.com.au
ABN 11 001 896 840

Torquay P-6 College  ·  www.torquaycollege.vic.edu.au